

Metropolis of Chicago Philoptochos Feed the Hungry Guidelines

2026 OUTSIDE SERVING

April, May, June, July, August, September, October

We begin serving at 11:30 am

Chapters & Organizations Responsibilities:

1. Provide **150** meals
2. Bring 2-3 servers
3. **\$25 CASH – Helper**
4. Arrive between 10:45 and 11:00 am
5. Have everything **BAGGED** before you arrive if possible

Your choice of meals:

- A. **A Bag Lunch** that includes: A **meat & cheese sandwich individually wrapped** (one type of meat such as turkey, beef etc.). **NOTE:** Please do not make ham sandwiches as some people don't eat pork.) Include individual packets of condiments if you choose.
- B. **A Hot Lunch** purchased or made in your church facilities. **Please bring it already in containers as we don't have anywhere to package.**
- C. **Other lunch suggestions:** Chicken sandwich, Gyros sandwich and Chicken with rice/vegetable

Whether you pick choice A or B, your bag should include:

- a. Some kind of dessert individually packaged (sweet roll, granola bar, cookies, etc.)
- b. Chips (not necessary for a hot meal)
- c. A drink (pop, water)
- d. Some kind of fruit (cuties, oranges, bananas, etc. – **NO apples**)
- e. A napkin
- f. Anything else you choose
- g. If any item requires fork, knives, spoons, or something else, please include it in your bag

**Presidents, please pass this information
to the chairperson of this program**

Any questions contact:

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(Revised April, 2026)