

Metropolis of Chicago Philoptochos  
Feed the Hungry Guidelines  
**2026 OUTSIDE SERVING**  
**We begin serving at 11:30 am**

**Chapters & Organizations Responsibilities:**

1. Provide **150** meals
2. Bring 2-3 servers
3. **\$25 CASH – Helper**
4. Arrive between 10:45 and 11:00 am
5. Have everything bagged before you arrive if possible

**NOTE:** THANKSGIVING will be served inside

- Please bring coffee, sugar, creamers, cups and lids
- \$25 cash – Clarence

**Your choice of meals:**

- A **Bag Lunch** that includes: A **meat & cheese sandwich individually wrapped** (one type of meat such as turkey, beef etc.). **NOTE:** Please do not make ham sandwiches as some people don't eat pork.) Include individual packets of condiments if you choose.
- A Hot Lunch** purchased or made in your church facilities. **Please bring it already in containers as we don't have anywhere to package inside.**
- Other lunch suggestions:** Chicken sandwich, Gyros sandwich and Chicken with rice/vegetable

**Whether you pick choice A or B, your bag should include:**

- Some kind of dessert individually packaged (sweet roll, granola bar, cookies, etc.)
- Chips (not necessary for a hot meal)
- A drink (pop, water)
- Some kind of fruit (cuties, oranges, bananas, etc.)
- A napkin
- Anything else you choose
- If any item requires fork, knives, spoons, or something else, please include it in your bag

**Presidents, please pass this information  
to the chairperson of this program**

**You can also go to the website at [ChicagoPhilo.org](http://ChicagoPhilo.org) for a copy**

**Any questions contact:**      **Vonnie    708-280-6537**      **[vonnie@karafotias.com](mailto:vonnie@karafotias.com)**

**(Revised November 12, 2025)**