

Metropolis of Chicago Philoptochos

Feed the Hungry Guidelines

INSIDE SERVING

November, December, January, February, March & April

We begin serving at 11:30 am

Chapter's & Organizations Responsibilities:

1. **Provide 130 meals**
2. **Bring 3 - 4 servers**
3. **\$75 clean-up fee (check written out to: Metropolis of Chicago Philoptochos)**
4. **\$25 CASH – Helper/Security Person**
5. **2lb. can of coffee, sugar packets, coffee mate, cups/lids & stirrers**
6. **Arrive between 10:45 and 11:00 am**
7. **Have everything bagged before you arrive if possible**

Your choice of meal:

- A. **A Bag Lunch** that includes: A **meat & cheese sandwich individually wrapped** (one type of meat such as turkey, ham, beef etc.). **NOTE:** if making ham sandwiches please make a half dozen turkey sandwiches as some people don't eat pork. Include individual packets of condiments if you choose.
- B. **A Hot Lunch** purchased or made in your church facilities, as elaborate as you choose. Please bring it already in containers.

Whether you pick choice A or B, your bag should include:

- a. Some kind of dessert/breakfast bar individually packaged (sweet roll, granola bar, cookies, etc.)
- b. Chips (not necessary for a hot meal)
- c. A drink (pop, water, juice, etc.)
- d. Some kind of fruit (cuties, oranges, bananas, etc.)
- e. A napkin
- f. Anything else you choose
- g. If any item requires a forks, knives, spoons, please include it in your bag

Presidents please pass this information to the chairperson of this program.

You can also go to the website at ChicagoPhilo.org for a copy.

Any questions contact:

Vonnie 708-280-6537

vonnie@karafotias.com